



# Learning Review

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## What Have You Learnt?

Now that you have completed the course, this practical activity will help you to understand the ways that you can benefit from what you have learnt.

Review the objectives that you set yourself at the start of the course along with the reasons that you identified for taking the course.

What have you learnt?

List three key learning points that are specific to you and your development.

1.

2.

3.

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How will you apply this learning?

1.

2.

3.

**ALL THE BEST!**



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